

AMERICAN MASSAGE THERAPY ASSOCIATION
ILLINOIS CHAPTER



2009
AMTA-IL
REGIONAL
EVENTS

Professional Development

Continuing Education

Networking

SUNDAY, AUGUST 2

Chateau Hotel and Conference Center
1601 Jumer Drive, Bloomington, IL

- | | |
|--------------------|---|
| 8:00 AM | Registration Opens |
| 8:30 AM – 11:30 AM | Massage & Medications: When is Therapy Dangerous? |
| 11:30 AM – 1:00 PM | Lunch |
| 1:00 PM – 4:30 PM | Massage & Medications: When is Therapy Dangerous? |

SUNDAY, AUGUST 16

Hilton Garden Inn
7675 Walton Street, Rockford, IL

- | | |
|--------------------|--|
| 8:00 AM | Registration Opens |
| 8:30 AM – 11:30 AM | Traditional Hawaiian Lomilomi
“Healing With a Touch of Aloha” |
| 11:30 AM – 1:00 PM | Lunch <i>(provided by the AMTA-IL)</i> |
| 1:00 PM – 4:30 PM | Traditional Hawaiian Lomilomi
“Healing With a Touch of Aloha” |

SUNDAY, AUGUST 16

Gateway Center
One Gateway Drive, Collinsville, IL

- | | |
|--------------------|--|
| 8:00 AM | Registration Opens |
| 8:30 AM – 11:30 AM | Your Massage Toolbox: Individual Techniques for the Cervical Spine |
| 11:30 AM – 1:00 PM | Lunch <i>(provided by the AMTA-IL)</i> |
| 1:00 PM – 4:30 PM | Your Massage Toolbox: Individual Techniques for the Cervical Spine |



ATMA-IL Headquarters
1901 North Roselle Road
Schaumburg, IL 60195

847.885.0674 *Phone*
847.885.8393 *Fax*

August 2**8:30 AM – 4:30 PM****Massage & Medications: When is Therapy Dangerous?**

(6 CE Hours)

Speaker: Jeannette Vaupel, RN, BSN, LMT, NCTMB

Massage for clients on medication may need to be altered. Elements to be covered include Basic pharmacological principles, terms, methods of medication delivery, processing, and use of drugs by the body; Common drug side effects; History taking, decisions to alter massage plan based on assessment, & mechanisms of drug actions that can interact with massage technique effects; Implications of the inflammatory process, major & minor adverse drug side effects; When to postpone massage sessions; and, Top selling drugs that warrant proceeding with caution. Further, information on vitamins, minerals, and other nutrients depleted by specific medications will be shared.

Course Objectives:

- Able to explain when modifications in massage treatment are necessary due to physiologic changes from medications
- Able to list 5 ways drugs are administered and the implications for timing of massage sessions
- Able to describe major adverse drug side effects and enumerate which classes of medications warrant proceeding with caution
- Able to assess client's knowledge of nutrient depletion from specific medications and convey need for information regarding replacement and/or supplementation

August 16

8:30 AM – 4:30 PM

Traditional Hawaiian Lomilomi “Healing With a Touch of Aloha” (6 CE Hours)

Speaker: Daniel J. Moore

This course is designed to introduce participants to soft touch and sacred Hawaiian healing techniques for aligning spirit, mind, and body. Earth elements will be discussed and simulated to create greater flow and fluidity within the massage session. Students will witness and practice ancient Hawaiian methods for increasing human vitality.

Course Objectives:

- Hawaiian culture and traditional concepts for healing including Ho’oponopono (conflict resolution for clearing energetic and sensory channels).
- Hawaiian concepts for “Spirit” are defined and integrated into medical massage.
- Natural elements are discussed in regard to Hawaiian Lomilomi. Demonstration and along with practice will enable participants to experience greater flow within the massage session.
- Soft touch techniques are introduced to show participants how to work deeper with out pressing harder.
- Lomilomi ‘Ka’ (‘Ka’ meaning to circulate) as a theory for wellness as well as practical application for modern life including self care.

August 16

8:30 AM – 4:30 PM

Your Massage Toolbox: Individual Techniques for the Cervical Spine (6 CE Hours)

Speaker: Michael Hovi

In this class, participants will learn a variety of massage techniques specific to the cervical spine as well as explanations on how, when and why each technique should be utilized in a cervical treatment. Indications, contraindications and effects will be discussed along with demonstrations. There will be plenty of “hands-on” practical time to sharpen these new skills, adding to your professional massage “toolbox”.

Course Objectives:

- Identify various techniques that can be utilized in a cervical treatment.
- State the indications for each of the individual techniques.
- State what are the contraindication/endangerments for use of each technique.
- Perform cervical techniques in a safe, effective manner.
- State when it is appropriate to apply individual cervical techniques with the client in supine, side-lying, and prone positions.
- State why individual techniques would be effective.

Back by popular demand – with extra CE hours!

**MICHAEL HOVI**

Michael Hovi is a 17 year veteran in the field of massage therapy, program director at the Soma Institute of Chicago and two-time member of the Olympic Sports Massage Team. He also serves as the ATMA-IL Chapter First Vice President as well as a member of the Illinois Massage Licensing Board.

**DANIEL J. MOORE**

Daniel J. Moore is the Founder of Inspired Wellness 2003. He is a licensed Massage therapist in Illinois and Hawaii. He has studied and given permission to teach Lomilomi by Kaipo Kaneakua of Maui.

**JEANNETTE VAUPEL, RN, BSN, LMT, NCTMB**

Jeanette Vaupel, registered nurse and licensed massage therapist is the owner of The Center for Education and Healing Arts. In addition, she provides nutrition consulting and is an anatomy and physiology instructor for massage therapy schools. Jeanette's various experiences in the health care industry affords her a unique insight into implications of medications and massage implications as well as ethical dilemmas faced by health care professionals. Jeanette has also served as a delegate for the AMTA-IL Chapter and was recently elected as an AMTA-IL delegate for the 2010 AMTA National Convention.



2009 REGIONAL EVENT REGISTRATION FORM

1. CONTACT INFORMATION – PLEASE PRINT

Fax completed registration form to 847.885.8393 or submit by mail to AMTA-IL, 1901 N. Roselle Road, Suite 920, Schaumburg, IL 60195

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Illinois License Number: _____ Special Needs: _____

AMTA Member ID: _____ Non-Member

2. COURSE SELECTIONS AND REGISTRATION FEES

	AMTA MEMBER	NON-MEMBER	FEES PAID
August 2, Bloomington, IL	\$70.00	\$90.00	\$ _____
August 16, Rockford, IL	\$70.00	\$90.00	\$ _____
August 16, Collinsville, IL	\$70.00	\$90.00	\$ _____
		TOTAL:	\$

3. METHOD of PAYMENT

Enclosed is my check made payable to *American Massage Therapy Association - IL Chapter*

Please charge my Credit Card (*select one*): Visa MasterCard

Card Number: _____ Expiration Date: _____

Cardholder (name as it appears on card): _____ Security Code: _____

Cardholder's signature: _____

Photographs are periodically taken at AMTA-IL events. All attendees attending an educational or social program of the AMTA-IL agree that any photograph taken may be used by the Chapter for promotional purposes including the newsletter, web site, brochures and other publications without additional prior notice or permission and without compensation to the participant.

Classes have limited attendance capacity. Submit your registration early to ensure you spot.

CONTINUING EDUCATION

The AMTA-IL is an NCBTMB approved provider (#450137-06) of continuing education hours for meeting Illinois license*, NCBTMB certification and AMTA membership renewal requirements. (*CE hours must be earned during the specific renewal period in order for them to be applicable to the fulfillment of continuing education requirements of that period.)

CANCELLATION POLICY

All cancellations must be submitted in writing to the AMTA-IL. An administrative fee of \$15 is assessed on all cancellations post- marked/date stamped up to 14 days prior to the event. A \$25 administrative fee is assessed on cancellations postmarked/date stamped from 14 days prior to the event to the day before the event. Cancellations postmarked/date stamped the day of the event and no-shows are not eligible for refunds. All cancellations must be submitted in writing to: American Massage Therapy Association-IL Chapter, 1901 North Roselle Road, Schaumburg, IL 60195; Fax: 847.885.8393; Email: info@amta-il.org.

For more information, contact the Chapter Office at 847.885.0674 or info@amta-il.org.